



# HOME*care* WEST

*Helping People Live at Home.*

HOME*care* WEST  
entwines the comforts of  
living at home with the  
quality of care you need  
to live a passionate life.

## Care that's *more* than just health care

HOME*care* WEST understands that care means more than fulfilling basic needs. Living well requires an assurance of health and safety, intertwined with activity and social engagement.

As such we take great efforts to engage our clients with our cornerstone support system:

- Health Care Services such as personal care, medication assistance and companionship
- Home Care Services such as cooking and housekeeping
- Community Engagement such as social activities and wellness programs
- Alzheimer and dementia care
- Functionality and Fitness Programs



# Health Care



**W**ith our considerable experience and expertise in health care management, our clients have come to trust us in looking after their most important possession, their health. Some of the services provided include medication support, medical needs review and providing advocacy for a client who has been hospitalized.



# The Community Connection

**H**OMECare WEST makes a difference by creating opportunities for our clients to connect with their culture and communities. From weekly Nordic walking to recitals and music, chair yoga to barbecues and day trips, we give you the opportunity to connect with the community around you. Join us for any one of our fun, free and engaging activities.



## Home Care and Support

Life at home becomes challenging as we age, increasingly you must rely on family and friends to carry the responsibility of your needs. Our certified home care assistants help alleviate the challenges of living on ones' own, by providing independence for you and respite for your friends and family.

Our assistants provide services such as:

- Personal care
- Housekeeping
- Preparing healthy and nutritious meals
- Escorting you to appointments

Each home care assistant is specially certified to work with seniors in their homes, and each shares our values of independence, respect and wellbeing.



HOMEcare  
WEST



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